

Heart-to-Heart: A Conversation with Anna Quindlen ~ **SAVE THE DATE APRIL 17, 2008**



The Birth Center is proud to announce our first major fundraising event - a celebration of women featuring Pulitzer Prize-winning author Anna Quindlen. We hope that you will join us and hundreds of other attendees for an inspiring, engaging evening including a gourmet reception, fabulous raffles, and lecture by Anna Quindlen at the Park Hyatt at the Bellevue in Philadelphia. This is part of our overall plan to raise the profile of The Birth Center, and seek ongoing

fundraising support from a wider audience than in the past.

We are thrilled that Anna Quindlen has chosen to speak at our event. She is a Pulitzer Prize-winning journalist, as well as a best selling author. She was a journalist for the New York Times, has written many books that inspire women, as well as several children's books. Currently, she writes a popular column in Newsweek magazine called "The Last Word." This column focuses on topics such as family issues, work, education, and social justice.

To add to the festivities, we are planning a 'Chef's Showcase' featuring women chefs and restaurateurs from around the Delaware

Valley. This will be an opportunity to savor a variety of signature dishes from some of the Philadelphia area's finest restaurants. If you know of any restaurants and caterers who are woman-owned, woman-managed, or have a woman as their executive chef please let us know. This event is a wonderful opportunity for these businesses to showcase themselves.

Be sure to put it on your calendar! Bring your friends, your sisters, your mothers, your co-workers. In addition to the keynote presentation by Anna Quindlen and a delicious chef's tasting, you can all enjoy a special night out together at one of Philadelphia's most elegant hotels, socializing and networking with others in our community, all while showing your support for The Birth Center.

Please be sure to mark your calendars for the evening of April 17th. **Check out our website www.thebirthcenter.org or call (484) 381-3000 for more information, to purchase tickets, or to inquire about sponsorship opportunities.**

Gold	Silver	Bronze
Merrill Lynch	Commerce Bank, N.A. Merck & Co., Inc. Ortho Women's Health & Urology, a division of Ortho-McNeil Pharm., Inc. Rite Aid Foundation	U.S. Trust, Bank of America Private Wealth Management Gardner /Fox Associates, Inc.

Current as of 9/15/07

Thank You TBC...

*"Trust is so important in childbirth and I am certain that the trust that you inspired, inspired me to trust myself and my body and my instincts, and trust in my belief that I could do it! You have become part of the most wonderful gifts of my life - my beautiful daughter and my new, unwavering belief in myself."
- TBC Client*

Why Choose The Birth Center Nurse-Midwives For Your Well-Woman Care

By: Peggy Stone, CNM, Director of Clinical Services

For just about everyone who has come to TBC for pregnancy and birth care, the choice was logical. You were looking for a setting where you were treated as the healthy, competent person you are; where your concerns and wishes would be listened to; where you could experience natural childbirth without pressure to use drugs for pain relief; where your baby and you would stay together ALL the time, and breastfeeding would be nurtured.

But why should you come to TBC for your annual well-woman checkup, or for contraceptive options, or for minor gynecological concerns? What do The Birth Center midwives have to offer in that regard?

I recently visited a wonderful birth center in Pittsburgh, The Midwife

Center. Their literature contains the tagline, "Personalizing Women's Health Care". This is the main reason we want you to consider our nurse-midwives for your non-pregnancy health care: just as in pregnancy, we treat you as an individual, a whole person, and someone who wants to be involved in her own care.

Many women find that an annual well-woman (gynecological) check-up in many settings is a time-consuming affair with just a few minutes being spent with the clinician. Many offices frequently have long waits in the waiting room, another wait in an exam gown in the exam room, and a short visit with the practitioner, who may have little time for questions or concerns. At TBC, we work very hard to keep your wait short, and when the midwife

calls you for care, it is she whom you will see for the whole visit, which is scheduled for half an hour (45 minutes if you've never been to The Birth Center.) You will talk to her face to face in a chair while you are still dressed. Your concerns and questions will be addressed; if there is not adequate time to do this, you will be offered a follow-up appointment.

During your appointment, you will be asked about your general health and changes that have occurred since your last visit; about your periods and any problems you are having with them; about perimenopausal or postmenopausal symptoms if appropriate; about vaginal/vulvar symptoms; about recent life stresses. You will have a breast

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Help Wanted

From time to time The Birth Center has openings for Full or Part time staff and Volunteers. If you – or anyone you know has expertise in the following areas, please e-mail Nancy Kirsh at nancy@thebirthcenter.org.

- ◇ Bookkeeping
- ◇ General Office Work
- ◇ Media relations/ public relations/ advertising
- ◇ Fundraising
- ◇ Facility Management
- ◇ Computer Technology

The Birth Center

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Newsletter

Editor: Michele Edgcumbe

Mail Birth Stories and other submissions to Michele Edgcumbe at TBC

Mission Statement

The Birth Center's primary mission is to provide the care and environment for a safe, self-determined childbirth experience, with certified nurse-midwives, for healthy women and their families.

TBC is a non-profit corp. registered with the PA Bureau of Charitable Orgs 800-732-0999

Phone: 610-525-6086 Fax: 610-525-6631

www.thebirthcenter.org



From the Executive Director

Dear friends:

As I read the news each morning, I am frequently struck with the sad state of affairs in many regions of the

world. And I feel ever more grateful to have this small oasis – The Birth Center – to come to each day. As new life comes into the world in our midst, we are surrounded by hope and optimism. Helping to assure that this experience is as wonderful as possible for each and every family, gives real purpose to our efforts.

But life isn't always easy at The Birth Center.

Our region faces a crisis in the availability of obstetrical care. In the past decade 14 hospitals have closed their obstetrical units because of the financial challenges inherent in providing obstetrical care. These closures have created a serious accessibility issue for pregnant women in many parts of our region.

Because of our unique, personalized approach to childbirth and health care for women, we are seeing an increase in demand for our

services. Yet, we struggle with the same financial challenges that impact hospital obstetrical units – the rising costs of malpractice premiums and inadequate reimbursement from insurance companies.

The generous support of our clients and friends, and the dedication of our staff and Board, has contributed to TBC's resilience for nearly 30 years, and help fortify us to meet any financial challenges and special needs that may arise.

With your help, in the next year, we hope to invest in a computerized client management system to systematize much of the redundant paperwork our staff has to deal with. This will increase the efficiency of what we do and allow our staff to focus on what's most important – providing intimate, personalized, exceptional care to our clients.

Thank you for your continued support of TBC, an ever-more-precious community resource for women and their families.

Nancy Feldman Kirsh
Executive Director

TBC Embarks On A New Strategic Planning Process

By: Margot Bradley, Member of the TBC Board of Directors and past President

As most of you know, The Birth Center is a nonprofit organization with an active Board of Directors. In 1999, the board began a strategic planning process that resulted in the completion of our beautiful building, which allowed us to grow and accommodate many more clients who desire our model of care. Now that we are comfortable in our new home, we are, again, taking a studious look at the organization and its environment.

The Birth Center's mission statement was developed in 1978 and reads as follows:

The Birth Center's mission is to provide the care and environment for a safe, self-determined childbirth experience, with certified nurse midwives, for healthy women and their families.

Over the last year, board members and staff have met and have developed a comprehensive list of TBC's core services. Of course, our mission statement reflects our primary service but does not reflect the comprehensiveness of services we have developed over the past 29 years. TBC is a healthcare organization and an educational organization and a support organization and an advocacy organization. Recognizing and capitalizing on the wide range of services provided at TBC, in a formal way, opens many opportunities for TBC, our clients, and the health care delivery system in the Delaware Valley.

This board year (Fall 2007- Spring 2008), TBC's board and staff will be engaged in a dynamic strategic planning process that will plot the future for The Birth Center and its future generations.

We will keep you informed and hope for your support as we explore.

The Breastfeeding Support Group

The breastfeeding support group at TBC continues to grow. Once again we were awarded a grant from the PA Dept of Health that helps to fund the group. Our group has divided into two groups that meet every other Thursday morning. Babies meet from 9:30-11AM and mobile babies meet from 11-12:30PM. Many women find that it is essential to meet with other breastfeeding women so that if or when problems arise they are able to hear how other experienced moms handled the situation. We extend an invitation to all moms who breastfeed to attend our group. The Birth Center will also be facilitating a breastfeeding support group in West Philadelphia starting in September. Call Patty Siegrist RN IBCLC at (610)525-6106 for any questions.

In Her Own Words... By: Erika Levine

Dear Birth Center,

Wow! What a year! Thank-you for your birthday wishes for Sophie's first year!

Last year at this time, I was huge with belly and anticipation, wondering how things would turn out...

...what would my labor and delivery be like?

...would my body and my belief in nature not let me down?

...who was this person inside me and what would they be like?

... how would life change as I became a mother?

Now I reflect back on the birth of my daughter Sophie with a knowing smile and a happy heart.

My labor and delivery of our daughter was much like the person she turned out to be.

The active labor and delivery was very quick, a total of 4 hours from start to finish and completely natural. We were jolted into parenthood. She was born with her eyes wide open, full of life, so healthy, so alert. She was engaged immediately, creeping to my breast, taking in our faces. And she continues to astound us with her curiosity, sensitivity and beauty!



This year has been so full...full of milestones (Sophie walked at 9 months)... full of challenges (Sophie hasn't mastered sleeping through the night)...so full of boundless energy!

She is a life force, making us laugh as she dances to any music she hears, fascinated with people, children and animals, confident and fearless.

She alerts us to the birds, trees, stop signs, sunlight and shadows like never before. I've never looked at the spring moon so often or examined a stick or fire hydrant with as much zeal. I've never been so aware of my own expressions as she looks at me, examining my face, responding to the subtle changes in my eyes, forehead and mouth.

Oh, I miss long showers.

I miss my husband.

I miss my sleep.

I miss my ability to jump in the car and run a last minute errand.

But what a trade-off for the deepest love affair I've ever had.

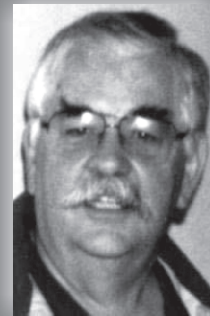
Thank-you Birth Center for helping me cast off successfully into motherhood.

Love, Erika Levine

Thanks

for your service

Jean Heck



In June, the Board celebrated the extraordinary 16-year term of retiring Treasurer Jean Heck. A TBC dad, Jean quietly shared his financial acumen and many talents with TBC during

numerous challenging times. From personally hanging banners and doing repairs on the old building, to advising the Board financially during leaner days, to securing the mortgage which allowed TBC to build the new building, Jean creatively and effectively supported TBC in every way.

In a letter to the Board, Jean commented "The Birth Center is in very sound financial condition, well managed, and has a bright future ahead. I have nothing but the greatest admiration for TBC, its Board, and its staff."

We wish Jean all the best and thank him heartily for all he's done for TBC!!

What The Birth Center Means to Me...

By: Lydia Musher

Whether we like it or not, whether we even believe it or not, birth is a unique moment in a woman's life and in her child's life. It is powerful, strengthening, transformational. Birth is private. It is natural, normal, healthy, and safe. Birth is beautiful, ecstatic, and profound. As with anything worth doing, it is challenging; it requires introspection and fortitude and patience. After you give birth, you are truly never the same person again, no matter how it happens.

I would rather experience childbirth in a warm tub by flickering candlelight than lying flat on my back tied to a hospital bed via wires and IV line. I'd rather eat a warm sandwich at midnight

to keep up my strength than be starved and denied drink for a day. I'd rather encourage my body to do what it was born to do than to be pumped full of powerful drugs to make my body work "better" and suit someone else's schedule. I welcome the sensations of it all. And I would like to reserve being cut open for truly unpreventable emergencies.

I believe that normal childbirth, the kind I described here, is safest for my child and for me. It is what women have been doing since there have been women. And I believe that the limited scientific data in existence supports my beliefs about the superior safety of normal childbirth

over the kind of childbirth most women are experiencing in hospitals these days.

The Birth Center let me have a child *and* let me keep my beliefs about the sanctity, importance, and safety of pregnancy and birth. I was so grateful for TBC that I recently joined its board of directors to ensure that many other women learn about and experience an outstanding way to give birth. I truly hope that, when my daughter gives birth to her first child, routine care for low-risk births has returned from its current medicalized state back to sane, safe, and data-driven care like that which TBC provides.

Heather Rabinowitz



After sixteen years as TBC's Office Manager, Heather is retiring. Heather and her husband Bobby plan to travel and zydeco dance as much as they can. In her role as Office Manager, Heather managed many of the behind-the-scenes activities of TBC such as payroll, bookkeeping, human resources, and facilities. Her skill as our amateur photographer and archivist have recorded and preserved many of the high points in TBC's history over the last 16 years. Heather's warm smile, sense of humor, resourcefulness and passion for TBC will be missed.

Thank you and Farewell...

By: Betsy Batejan, CNM

July was my seventh anniversary of working at The Birth Center. Such a long association has bred some interesting habits. For example, I so often begin phone calls from work with "Hi, this is Betsy from The Birth Center..." that when I leave messages for friends and family on their machines or voice mail, they frequently hear the same thing. Or when I call TBC "home" and don't mean it metaphorically. And how I've become programmed like Pavlov's pooch to jump when I hear anything remotely like a beeper. Seven years is the longest I've ever worked at one place and that longevity is due to the fact that this has been more of a relationship than a job; a relationship with my chosen profession of midwifery, a relationship with my outstanding and dedicated co-workers and most importantly, a relationship with the women and families of TBC. However, after seven years I am leaving The Birth Center. This was a very difficult decision for me, but ultimately right for personal reasons. I still love The Birth Center and everything it embodies and plan to stay involved in special projects.

I feel so lucky to have been able to work

at such a unique place. I am proud and a much better midwife for the experience. The women I work with and the women I work for have all helped shape me. I take with me so many special memories; too many and too personal to list in this space. But I can mention my awe and respect for the hard work that women here perform in laboring and birthing their babies in a way they believe matters. (I often use this as inspiration during difficult runs). I've enjoyed great conversations with people during office visits and labor on topics ranging from "important" things like religion and politics, to the "frivolous" like the Tour de France and episodes of The Simpsons. I also treasure hearing siblings choices of baby names. Some of my favorites over the years have been Sassy, Flower, Hedgehog and just today I heard Shrek. You have let me be part of your intimate lives and this is rather humbling. Fortunately, I can always use a little humbling!

I hope I will continue to run into TBC women and families while out shopping or at the movies and I hope you will still come up to me and say "You're my midwife". As another great TBC midwife (Gazelle) used to say; "Peace and Blessings".

Birth Center Welcomes

Baby 6,000



Newborn Enda Colgan may not know it yet, but his entry into the world on 4/1/07, at The Birth Center in Bryn Mawr, was an historic occasion. Enda, son of Maeve Doyle and Paul Colgan, is the 6,000th baby to start life here at TBC.

The birth of Enda Colgan is historic because he is baby # 6,000. However Enda is as special as each TBC baby and we celebrate all of them!

Why Choose The Birth Center Nurse-Midwives For Your Well-Woman Care continued from page 1

examination and a pelvic exam, and we will assess your need for pap/HPV screening, STD screening, vaginitis (yeast/bacterial vaginosis) screening, ultrasound and mammogram. We may suggest that you obtain other general screening tests from your primary provider, depending on your age and risk factors (e.g., lipid and blood sugar screens.)

The CNMs at The Birth Center can also offer you a wide variety of contraceptive options, with comprehensive education on how to use

the method you choose. If you do not desire contraception, that too will be respected. We will also discuss healthy lifestyle issues with you, such as exercise and nutrition.

We can refer you to any number of gynecologists and other specialists in the surrounding communities when the condition warrants. For most healthy women between 15 and 60, though, you will find what you need right at The Birth Center. We're not just for pregnancy anymore!

Board Members Sought...

TBC is seeking enthusiastic, talented individuals to join the Board of Directors. This body governs and supports TBC, ensuring that it effectively carries out its mission.

We are specifically looking for individuals with expertise in finance, public relations, development and fundraising; however, other skills may be considered. We also seek volunteers to serve on various Board committees.

If you would like to know more – please send a letter of interest and your resume to BoardInterest@thebirthcenter.org

Donations-in-Kind

Thank You for Your Thoughtfulness!

Eliza Chan...Books for TBC Library

Nicole & Stephen Demchyk & Michael Kilgannon...Bench and Refinishing of Garden Benches

Berit Haahr.....Books for TBC Library

Helen Hauer... Hand Knit Baby Caps

Carolyn Mitch....Handmade Cloth Drapes for Exam Rooms

Denise Roy...Speakers Honorarium

Angela & Jeffry Thell...Glider

Villanova University Media Services / Jenn Pohlhau.....Computer Projector

Sarah and Josh & Mary Yurgiewicz.....Baby Diapers

Give A Garden Brick As A Holiday Gift



Be a part of TBC forever...

BUY a BRICK

to be installed our garden walk.

You may contribute a brick in your name, your child's name (and birth date), a grandchild's name or any family member. Honor a friend or recognize your company or organization's name, purchase a brick in a loved one's memory. Recipients will receive an acknowledgment card.

Join with us in building this special part of the building and buy a brick or bricks today! It will be a lasting testimony to your connection to TBC. We have the bricks to be more affordable for families with multiple children.



Please make your check payable to
The Birth Center

and mail to: Development Office
The Birth Center
918 County Line Road
Bryn Mawr, PA 19010

How would you like your brick inscribed?

You may use up to three lines with no more than 15 spaces on each line including numbers, blank spaces and punctuation. **Please print in block letters. Use blank paper for additional orders. For gift brick, send names and addresses of recipients to receive acknowledgements.**

1 brick \$250

2 bricks \$400

3 or more bricks, each additional brick is \$100

Number of bricks ordered _____

Amount enclosed \$ _____

For each additional brick be sure to enclose additional instructions along with payment. Please print clearly or make copies of this form.

Name _____ Phone _____

Address: _____ Apt: _____

City: _____ State/Zip _____

Gift Recipient's Name _____ Phone _____

Address: _____ Apt: _____

City: _____ State/Zip _____

Occasion: _____

The Birth Center
family corner

Board of Directors

TBC welcomes three new members to our Board of Directors:

Lydia Musher works as an independent contractor for Outsourced Business Services. Lydia has an MBA from The Wharton School, University of Pennsylvania, as well as a Master of Engineering in Electrical Engineering and Computer Science from the Massachusetts Institute of Technology.

Kate McHugh is a Certified Nurse Midwife and also has an MSN degree from St. Louis University. She currently works as a Lecturer/ Clinical Specialist in the Women's Health Care Program in Social Welfare at the University of Pennsylvania, School of Social Policy and Practice.

Dawn Prall George, has her MBA from Northwest Missouri State University. She has a wealth of development experience and currently works as the Vice President, Development for Wesley Enhanced Living.

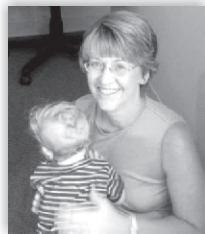
Staff Updates

Congratulations...



Elena Comber became an RN in June, graduating from Eastern University with her BSN in May. She will become a full-time nurse at TBC after returning from maternity leave.

Kathie Steckel recently received her CNM and CRNP certifications. She will moving from her role as an RN to her new role as a CNM at TBC.



Robin Stevenson started at The Birth Center in April 2006 as the evening receptionist. She has recently been promoted to the position of Office Manager.

Welcome New Staff Members...



Alisa Healy, RN, who was a previous employee of The Birth Center, has recently returned to us as a part-time nurse. We welcome Alisa back to TBC.

Michele Edgumbe, Development Director

Michele has over seven years of development and fundraising experience. She is enjoying being a part of the TBC family, and is anxious to help raise money to support programs and operations.



Sabrina Kowalchuk, Clinical Assistant

Sabrina assists our nurses with various tasks such as stocking supplies throughout the building and providing an extra pair of helping hands, which are so often needed.



Nancy Mower, Evening Receptionist

You are likely to receive Nancy's warm greeting if you come to The Birth Center for an evening office visit. Nancy joined TBC as our evening receptionist this past July, and looks forward to meeting our many families.



Farewell To...



June Bean, RN

June has been a dedicated nurse at TBC for the last two years. She will continue working with a home health agency, which monitors high-risk pregnant women.



Betsy Batejan, CNM

Betsy leaves us after seven years of touching the lives of clients and staff. She will continue to touch the lives of women and families in her new role as a midwife at Hannemann University Hospital.

TBC Education Programs and Support Services

Preparation For Childbirth

A four-week course for first-time mothers and their partners covering the anatomy and physiology of labor and birth, natural pain coping strategies, unexpected outcomes and birth technology, postpartum and newborn care. Classes include mindfulness exercises, focused breathing, relaxation techniques, movement for labor, and partner support skills. Birth videos will be shown. Tuesdays or Wednesdays, 7:00-9:30PM - \$200 registration fee includes *Focus on Breastfeeding* class.

Focus On Breastfeeding

A one-session class offering detailed information on breastfeeding. Proper latch, positioning, nutrition, bonding and related issues are covered. Designed for *both* mother and partner (two can remember more than one!). Class held 2 times per month on Mondays or Thursdays, 7:00-9:30 PM. \$50 per couple if not taken as part of *Preparation for Childbirth*.

Childbirth Prep. Supplement

This is a one time class for first-time mothers and their partners who have taken childbirth preparation outside of TBC. It covers TBC protocols and policies, the roles of nurses and midwives, hospital care if needed and postpartum care. The class is scheduled on an as-needed basis on Mondays or Thursdays from 7-9PM. \$50 per couple.

Childbirth Refresher

A one-session class for parents who have previously given birth but want to refresh their memory and learn some new approaches. Includes an overview of labor and delivery, coping techniques, the role of nurses and midwives, TBC policies, hospital transfer if necessary, and your postpartum stay. Mondays or Thursdays, 7:00-9:30 p.m. \$50 per couple.

Mommy 'n Me Pilates

This is a 4 week series - November 6, 13, 20, 27 and January 8, 15, 22, 29 at 2pm in TBC Classroom - for new moms and their infants 4 weeks to 7 months (pre-crawlers). \$60 for 4 class series. Call Peggy at TBC to register.

Prenatal Yoga

Classes combine safe and gentle yoga stretches with relaxation and bonding exercises to prepare the body, mind and spirit for childbirth. Held in Bryn Mawr Hospital's Clothier Building Living Room Thursdays 7:00-8:15 p.m. Bring a mat or towel. The cost is \$60 for 6 week series. Call **Kim Eckler** 610-996-9178 or email to kimeckler@hotmail.com.

Pregnancy Loss Counseling

Lydia Prass, MS. Held as needed at no charge. Call Lydia at 610-527-6116 to register.

Sibling Preparation Class

(2-6 year olds)

This one-session class focuses on interaction between parent and child. Class activities lead toward discussion of what it's like being a big sister or big brother, what a new baby is like, and what happens when a new baby enters the family. Circle times reinforce these concepts. A birth video is *not* shown. (If you want video, note on the registration form.) \$50 registration fee includes activity book for first child; add \$10 for each additional child.

Sibling & Birth Preparation Class

(7-13 year olds)

This one-session class includes discussion of the birth process, characteristics of and caring for babies and what happens in families when new babies join them. The discussion is augmented with pictures and activities. A birth video *will* be shown. (If you do not want this, note on the registration form.) \$50 registration fee includes activity book for first child; add \$10 for each additional child.

Teen Sibling Class (14 and older)

This expectant sibling class follows a discussion format, and is augmented by pictures and informational activities. More advanced discussion of birth, infant care and family dynamics is facilitated. Geared towards answering questions teens may have approaching the birth of a new sibling. A parent should attend with child. Scheduled as needed - \$50 registration fee.

Infant Massage

For infants 3 weeks to crawling. Learn step by step techniques which help infants learn to relax in response to healthy touch. No additional charge for dads or other family members. \$50 for 3 sessions includes handouts. To register, call **Nancy Nagle, DC** at (610) 525-4204 or send email to nancy.nagle@att.net.

Lactation Consultation

TBC nurse, Patty Siegrist, is a Board Certified Lactation Consultant, available for special breastfeeding needs or problems. You can reach Patty at 610-525-6106.

TBC Breast Feeding Support Group

Meets every other Thursday from 9:30AM- 11:00AM for babies and 11AM- 12:30PM for mobile babies. Bring pillows if needed. Meet @ Rosemont Plaza- 1062 Lancaster Ave, Rosemont. Facilitated by **Patty Siegrist, RN, IBCLC.**

Fourth Trimester Moms

Bring your baby (0-6 months) as well as feelings, questions and concerns about yourselves, your relationships, and your baby. Learn baby songs and games. Sessions meet Friday mornings (10:00-11:30 am) for 5 weeks. To register, call **Lydia Prass, MS, 610-527-6116.** The fee is \$60.

Effective Parenting "Parent Quest"

Take advantage of a generous grant from the Phoebe Haas Trust which covers 50% of tuition for Birth Center clients

\$75 per person, \$110 per couple (including textbook). This seven week series focuses on children from 3-11 years. Learn effective methods of behavior management and how to encourage communication and cooperation. Course meets at TBC on Friday evenings from 7:30-9:30 pm. Open to the public, but at full tuition. Scholarships are available upon request. To register, please call **Family Forum, Inc. (610) 964-0004.** Instructor, Julie Kimsey-Carroll, is a Birth Center mom.

Welcome Little Ones!

New Arrivals at the Birth Center

Nora Colleen Campbell 02/13/2007
 Liam Morningstar Cox 02/13/2007
 Riley Coltin Kemmerer 02/13/2007
 Olivia Rose Warnick 02/13/2007
 Ethan Jacob O'Connell 02/16/2007
 Elizabeth Jeanette Cooke 02/17/2007
 Zion Amon Legendary Browne 02/19/2007
 Maisie Caitrin Bennett Optenberg 02/20/2007
 Audrey Dy-Yi Ruppert 02/20/2007
 Caleb David Kuruvilla 02/20/2007
 Micah James Johnson 02/21/2007
 Evelyn Rose Tagliaferro 02/21/2007
 Lucas Littleton 02/22/2007
 Andrew Robert Walton 02/23/2007
 Ockidde DuFayne Harris II 02/25/2007
 Donna Melanie Meres 02/26/2007
 Elliot Joren Hawkes 02/27/2007
 Jackson Barnett Clifford Barton 03/01/2007
 Benedict William Armstrong 03/02/2007
 Lillian Jane Larkin 03/02/2007
 Isaiah Ibrahim Schendler 03/05/2007
 Hamza Ammanullah Rovi 03/06/2007
 Yonathan Ermas Zemichael-Riggan 03/06/2007
 Arthur Brian Heath, Jr. 03/06/2007
 Lillian Frances Waterer 03/07/2007
 Ella Marie Gosch 03/08/2007
 Eleanor Claire Carpenter Palmer 03/08/2007
 Toby Micah Barkan 03/08/2007
 Sophia Louise Gower 03/09/2007
 Ava Simone Cooper 03/09/2007
 Isaac Dylan Newell 03/11/2007
 Quinn Joseph Sullivan 03/13/2007
 Charlotte Ann Gale Johns 03/15/2007
 Samuel Justice Littleton 03/16/2007
 Sean Liam McNally 03/16/2007
 Isa Riley Kennedy 03/21/2007
 Trinity Elizabeth Somerfield 03/21/2007
 Kaleb Griffin Bushyager Goldberg 03/21/2007
 Kyler Zhou Parker 03/22/2007
 Olivia Grace Krider 03/22/2007
 Jessica Anna Samyan 03/22/2007
 Cian DiKembe Aptowicz 03/22/2007
 Vaughan Joseph McCullough 03/22/2007
 Emerson Rodney Landis 03/25/2007
 Emily Grace Meyers 03/27/2007
 Brian Jackson Fornwalt 03/28/2007
 Piper Marie Jameson 03/28/2007
 Elsa Mary Maroney 03/29/2007
 Elizabeth Kate Irlapati 03/31/2007
 Ciara Jule Diamond 04/01/2007
 Enda Pairaic Colgan 04/01/2007
 Sarah Katherine Brandt 04/01/2007
 Bekan Rosenkrands Hill 04/02/2007
 Nathan Kisely Martin 04/03/2007
 Emma Daisy Betts 04/04/2007
 William Edward Holland 04/06/2007
 Justin Davis Nolt 04/06/2007
 Camila Phoenix Greene 04/07/2007
 Ryan Josephine Leventhal 04/08/2007
 Miriam Grace Lager 04/09/2007
 Wesley Aaron Kolb 04/11/2007
 Dominic Louis DeSimone 04/12/2007
 Avy Ray Drew 04/12/2007
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